



# VISITOR RESTRICTIONS

Thank you for trusting Vidant Health to care for you and your loved ones. The safety of our patients, visitors and team members is our top priority. As Vidant monitors and responds to the COVID-19 pandemic across North Carolina, we are taking steps to ensure the safety of all. Vidant remains vigilant with its screening process for all visitors, entry requirements and visitor restrictions by department. Vidant continues to closely track local data, including COVID-19 cases in our region and hospitals, and will adjust visitation restrictions accordingly.

In following the ADA (Americans with Disabilities Act) guidelines, visitors who need assistance due to a disability may have an additional individual with them when visiting a loved one in a Vidant Health facility to help navigate the current visitor guidelines.

All visitors will be screened and masked and asked to follow the entry requirements below.

Vidant strongly encourages visitors to consider virtual visitation options such as FaceTime and phone calls. Assistance with virtual visits, including iPads for patients without the necessary technology, is available on request. Virtual visitation is the safest way to stay connected with a loved one.

## Visitor Screening Process:

1. Have you tested positive for COVID-19 within the past 14 days or waiting on the results of a COVID-19 test?
2. Have you had close contact with a person with confirmed or suspected COVID-19 in the last 14 days?
3. Have you had any of these symptoms in the past 48 hours:
  - Fever or chills
  - Cough
  - Shortness of breath or difficulty breathing
  - Fatigue
  - Muscle or body aches
  - Headache
  - New loss of taste or smell
  - Sore throat
  - Congestion or runny nose
  - Nausea or vomiting
  - Diarrhea
  - Any other symptoms of illness

If yes to any of the above - Visitor may not enter

## Entry Requirements:

1. Temperature check: Temperature must be under 100°F degrees
2. Masking: Wear mask at all times in the building. Screeners will provide you a hospital mask if you do not have one. Cloth masks are permitted.
3. Hand washing: Visitors must gel or use hand sanitizer on entry.
4. Social distancing: Avoid close contact with others.
5. Limit personal belongings during your visit.
6. Limit your visit to the patient room, and kindly do not go elsewhere in the hospital except for the Café.

## Visiting Hours and Restrictions by Department

All visitors must be screened and follow entry requirements:

Hospital Inpatient Departments, Including Surgical Inpatients	Open hours	<ul style="list-style-type: none"> <li>One (1) healthy adult visitor screened and masked at all times.</li> <li>Visitor must stay in patient's room unless visiting the café.</li> <li>Visitor may switch out with one (1) other healthy adult visitor per day (12 a.m. to 11:59 p.m.)</li> </ul>
Children's Hospital	Open hours	<ul style="list-style-type: none"> <li>Maynard Children's Hospital and pediatric patients at all inpatient Vidant facilities welcome two (2) guardians of the child at the bedside. Two (2) designated guardians are identified by the child's legal guardian on admission and are able to remain at the bedside throughout the duration of the child's stay.</li> <li>Sibling visits are not permitted at this time; the health care team will work with families to facilitate virtual sibling visits as appropriate.</li> <li>For pediatric palliative or end-of-life care, additional visitation will be considered with approval from leadership based on the needs of the child.</li> </ul>
Women's Center, Labor & Delivery, Maternity	Open hours	<ul style="list-style-type: none"> <li>One (1) healthy designated support partner screened and masked at all times. During the labor process, one additional labor support person over 18 years of age is also permitted at the bedside for the duration of labor up until two hours post-delivery.</li> </ul>
Emergency Department	Open hours	<ul style="list-style-type: none"> <li>One (1) healthy adult visitor screened and masked at all times.</li> <li>Visitor must stay in patient's room unless visiting the café.</li> </ul>
Medical Practices and Outpatient Clinics	During time of appointment	<ul style="list-style-type: none"> <li>One (1) healthy adult visitor screened and masked at all times.</li> </ul>
Surgical Outpatient Procedures That Require Sedation or Anesthesia	Open hours	<ul style="list-style-type: none"> <li>One (1) healthy adult visitor screened and masked at all times may wait with patient until that patient proceeds to their pre-surgical or pre-procedure area. Visitor may return at time of discharge.</li> </ul>

### Exception to Visitor Restrictions Include:

End-of-Life	Open hours	<ul style="list-style-type: none"> <li>Family members who are screened and masked may visit with guidance from care team and should call the unit for guidance.</li> </ul>
Inpatient Rehab Facility at Vidant Medical Center	Open hours	<ul style="list-style-type: none"> <li>Visitors who are screened and masked may visit with guidance from care team and should call the unit for guidance.</li> </ul>
Behavioral Health	No visitors allowed	<ul style="list-style-type: none"> <li>No visitors allowed. Ask unit for accommodations regarding virtual visits.</li> </ul>
COVID-19 Positive Patients	No visitors allowed	<ul style="list-style-type: none"> <li>No visitors allowed. Ask nurse for accommodations regarding virtual visits.</li> </ul>

Thank you for helping us keep those we love safe.

