



COVID-19: Mask FAQs



You are the most important part of Vidant Health. We love you and want to keep you safe.



All team members and providers are to wear a personal mask when entering the hospital or clinic. Once reaching your department, change into a Vidant-issued mask for the duration of your shift. Team members and providers are asked to follow CDC guidelines for PPE at all times and to respect the clinical implications. We are all working together to flatten the curve. Masks are required for all visitors. All visitors are offered a surgical mask. A personal mask is acceptable. Bandanas, gaiters, visibly soiled masks and masks with valves are not recommended.

FAQs

Why should I wear a mask? | COVID-19 is spreading throughout our communities. We care about your safety and well-being. Wearing the mask protects those who may have had exposure, but who are not currently exhibiting recognized symptoms. Your safety is our top priority.

How do I put on a mask? | Bring the mask toward your face. Pull the loops behind your ears. Expand the mask to ensure it covers your nose and mouth. Adjust nose piece for a secure fit. Any time you touch your mask, IMMEDIATELY perform hand hygiene.

How do I remove a mask? | Remove mask by the loops and pull mask straight away from face. Perform hand hygiene IMMEDIATELY after removal and ANY time you touch the mask.

Can I take a mask home? | Please do not take the mask home for the safety of you and your loved ones.

How long can I use the mask? | You should wear the mask for the duration of your shift/visit unless it is visibly soiled, visibly damaged or you cannot breathe through the mask any longer.

How do I dispose of the mask?



Visitors should dispose of their mask in a trash receptacle when leaving a hospital or clinic.



Team members and providers, once your shift is over, dispose of your mask, perform hand hygiene and wear your personal mask when leaving the facility until you are offsite.

Please send questions regarding masks and personal protective equipment (PPE) to ppequestions@vidanthealth.com

Information sourced from [cdc.gov/coronavirus/2019-ncov](https://www.cdc.gov/coronavirus/2019-ncov)

Vidant COVID-19 Community Resource Line (8am - 8pm) 252-847-8000 | VidantHealth.com/COVID19