



# Aquatic Program

## Group Swim Lesson

Learn the fundamentals of swimming in a small group setting. Classes are conducted by certified swim instructors, who incorporate fun with learning to achieve class objectives. Sessions are offered on a monthly basis; enrollment required. No refund will be issued for missed lessons. Schedule shown is for months of June-August. Lessons booked for any other month are on an "as needed" basis and are scheduled through the Pool Operator.

8 x 30min Sessions		Age Group	Class Days	Class Times
Members \$55	Non-Members +\$10	2-3 years old (Parent/Guardian & Child)	Monday & Wednesday	7:15-7:45pm
			Saturday	9:00-9:30am
		4-7 years old	Monday & Wednesday	7:50-8:20pm
			Saturday	9:35-10:05am
		8-11 years old	Tuesday & Thursday	7:15-7:45pm
			Saturday	10:10-10:40am
		12+ years old	Tuesday & Thursday	7:50-8:20pm
			Saturday	10:45-11:15am

## Private Swim Lesson

Swimmers of all ages & skill levels are eligible for this program. These sessions are conducted by certified instructors & on a per package basis to help clients achieve individual goals & progress at their own pace.

Package	Member	Non-Member
4 x 30 minute individual session	\$60	+\$20
8 x 30 minute individual session	\$110	+\$40





# Aquatic Program Registration

CHILD NAME \_\_\_\_\_ AGE \_\_\_\_\_

NAME PARENT/GUARDIAN NAME \_\_\_\_\_

E-MAIL ADDRESS OF ADULT \_\_\_\_\_

PHONE \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_

GENDER \_\_\_\_\_ HEIGHT \_\_\_\_\_ WEIGHT \_\_\_\_\_

MENTAL DISABILITIES Y\_\_ N\_\_ PHYSICAL DISABILITIES Y\_\_ N\_\_

MEDICATIONS & REASON FOR TAKING THEM \_\_\_\_\_

## LESSONS & FEES

GROUP LESSONS, 8 X 30 MINUTE SESSIONS\_\_ MEMBER \$55 NON-MEMBER +\$10

PRIVATE LESSONS, 4 X 30 MINUTE SESSIONS\_\_ MEMBER \$60 NON-MEMBER +\$20

PRIVATE LESSONS, 8 X 30 MINUTE SESSIONS\_\_ MEMBER\$110 NON-MEMBER +\$40

## METHOD OF PAYMENT (COMPLETE CREDIT CARD INFO IF PAYING BY MAIL ONLY)

CASH\_\_ CHECK\_\_ VISA\_\_ MASTER CARD\_\_

CARD NUMBER \_\_\_\_\_ EXPIRATION DATE \_\_\_\_\_

### REGISTER BY MAIL

117 HERTFORD COUNTY HIGH RD.  
AHOSKIE, NC 27910

### REGISTER BY PHONE

252.209.3090  
REGISTER AT FRONT DESK

## WAIVER & RELEASE FROM LIABILITY

I, \_\_\_\_\_, for and in consideration of using the Vidant Wellness Center facility, equipment and/or participating in exercise/wellness classes/programs, or personally directed exercise and/or exercise testing and health assessments, do hereby voluntarily waive and release and hold harmless Vidant Wellness Center, and any of its subsidiary or affiliated corporations; each of its directors, officers, agents and employees from liability for any and all claims of causes of action I, my heirs or assigns might have now or hereafter for any injury, loss, damages or death arising out of, or as a consequence of, or incident to my involvement or as a result of the ordinary negligence of any party during my participation in said event.

I have been given this information voluntarily, and to the best of my knowledge truthfully and completely. I understand that this information will be used to determine the child/adult's ability to participate in physical activity and that the above named student may be required to obtain a physicians clearance before participating in swimming lessons at Vidant Wellness Center.

I acknowledge and understand that Vidant Wellness Center is not acting as a healthcare provider and if I have any questions or concerns regarding the above named students health or ability, I will contact my own primary physician or healthcare provider. I acknowledge that Vidant makes no representations concerning the above named student's ability to participate in this or any other program. I certify that I am in good physical condition and able to safely participate in said event. I understand the risk in said activity and I am a voluntary participant. By affixing my signature below, I certify that I have read and understood this Waiver & Release from Liability form.

SIGNATURE OF PARTICIPANT \_\_\_\_\_ DATE \_\_\_\_\_

PRINT - AUTHORIZATION OF PARENT/GUARDIAN \_\_\_\_\_