

Advance Care Planning

Free education sessions and clinics to complete your advance directives

2019 Wilson County schedule of events



| Day | Date | Education seminar | Clinic to complete your documents | Location |
|-----------|----------|-------------------|-----------------------------------|-----------------------------|
| Tuesday | 02/19/19 | 10:00am – 11:00am | 11:00am - 12:00pm | Vidant Healthplex in Wilson |
| Tuesday | 03/05/19 | 2:00pm – 3:00 pm | 3:00 pm – 4:00pm | Vidant Healthplex in Wilson |
| Tuesday | 04/09/19 | 9:00am – 10:00am | 10:00am – 11:00am | Vidant Healthplex in Wilson |
| Wednesday | 05/8/19 | 1:00pm – 2:00pm | 2:00pm – 3:00pm | Vidant Healthplex in Wilson |
| Monday | 06/03/19 | 2:00pm – 3:00pm | 3:00pm – 4:00pm | Vidant Healthplex in Wilson |
| Tuesday | 07/09/19 | 1:00pm–2:00pm | 2:00pm-3:00pm | Vidant Healthplex in Wilson |
| Thursday | 08/01/19 | 10:00am-11:00am | 11:00am-12:00pm | Vidant Healthplex in Wilson |
| Tuesday | 09/10/19 | 11:00am – 12:00pm | 12:00pm – 1:00pm | Vidant Healthplex in Wilson |
| Tuesday | 10/08/19 | 2:00pm – 3:00pm | 3:00pm – 4:00pm | Vidant Healthplex in Wilson |
| Wednesday | 11/06/19 | 10:00am – 11:00am | 11:00am – 12:00pm | Vidant Healthplex in Wilson |
| Tuesday | 12/03/19 | 1:00pm – 2:00pm | 2:00pm – 3:00pm | Vidant Healthplex in Wilson |

*****If you have completed your advance directives, and would like to have them scanned in to your health record, please arrive during the second hour of the presentation.**

***Please note that additional events and programs may be scheduled throughout the year. Visit www.VidantHealth.com/AdvanceCare for added events.

No appointment is necessary.
You will need a valid photo ID for completion of your documents



Advance Care Planning

Dying Well: Your Wishes, Your Way

Talking to your loved ones about your personal values and what matters most to you at the end of life can be hard. Yet, having the conversation now, while you are well and not in a crisis, will help ensure that those you love will know and can honor your wishes.

By attending an educational overview, you will learn what you can do now to make sure that your loved ones are well prepared to know *your wishes* so they can make sure that you are being treated *your way*. Legal, health care and faith perspectives will be discussed to help you with planning.

During the clinic sessions, certified facilitators, NOTARY and witnesses will be available at no charge to assist you with completion of your Health Care Power of Attorney and Living Will documents.

More educational sessions & clinics

Hello Game - Begin meaningful conversations with your family and friends through this experiential game activity. In small group settings, learn more about what matters most to you!

Dying To Know - Join us for this opportunity to develop a new perspective on death and dying by talking about some of our current practices surrounding this topic, and finding new and innovative ways to engage in these often difficult discussions.

Book Reviews- There are numerous books available for your group to read and discuss that will generate wonderful discussions regarding both your wishes for care and how to have more open conversations with your family and loved ones. Let us help you lead the discussion at your next Book Club meeting.

Film Reviews- New films and documentaries are constantly becoming available that generate more open conversations regarding our ability, and responsibility, to honor patient choices, especially at the end of life. Let's watch the movie together, and then have a discussion surrounding the effects of the presentation.

Visit [VidantHealth.com/AdvanceCare](https://www.vidanthealth.com/AdvanceCare) for additional information

2019 Event Locations

Vidant Healthplex in Wilson
3724 Raleigh Road Parkway W.
Wilson, NC 27896



VIDANT HEALTH™