



Respecting Choices® Training Programs First Steps® & Last Steps® Advance Care Planning Facilitator Certification

Offered Throughout Eastern North Carolina

February 7 & 28, 2018

Eastern AHEC
2600 West Arlington Blvd
Greenville, NC 27835

May 2 & 30, 2018

Vidant Bertie Hospital
1403 S King Street
Windsor, NC 27983

June 1 & 22, 2018

Eastpointe
500 Nash Medical Arts Mall
Rocky Mount, NC 27804

September 5 & 26, 2018

Vidant Home Health & Hospice
750 South Kenansville Bypass
Kenansville, NC 28349

October 2 & 23, 2018

Eastern AHEC
2600 W. Arlington Blvd.
Greenville, NC

Jointly provided by Eastern AHEC Department of Nursing and Allied Health Education and Vidant Health

Description

Respecting Choices® First Steps® and Last Steps® Advance Care Planning (ACP) Facilitator Certification focuses on the skills needed to facilitate foundational advance care planning discussion with any adult and assisting those with serious illness or frailty in making treatment decisions based on their goals of care. Through small groups, role-playing with group debriefing, storytelling, and self-reflection, participants will hone their interview skills when meeting with the individual or with the individual and agent. Initiation and completion of North Carolina's Medical Orders for Scope of Treatment (MOST form) will be addressed.

After completion of First Steps® and Last Steps®, participants should have basic knowledge of advance care planning (ACP) concepts, be able to utilize skills learned to facilitate discussions on ACP with patients at different stages of health and in different venues of care and create strategies to communicate the ACP plan.

Who Should Attend?

This program is for all professionals who participate in Advance Care Planning or End-of-Life Care in outpatient and community settings, including:

- Registered Nurses
- Health Coaches
- Case Managers
- Chaplains and other Religious Leaders
- Social Workers
- Respiratory Therapists
- Health Educators
- Death Doulas
- Other health care professionals who have an interest in palliative and end-of-life care, including bereavement coordinators and volunteer service coordinators

Course Objectives

First Steps® ACP Facilitator Certification

- Identify interview skills for facilitating First Steps® ACP conversations with healthy adults.
- Identify interview skills for facilitating First Steps® ACP conversations with adults with chronic illness.
- Create strategies to communicate the plan, including the completion of an advance directive document.
- Examine the ACP Facilitator's role in implementing three key systems for ACP effectiveness.
- Demonstrate beginning competency in facilitating First Steps® ACP conversations through role-play activities.

Last Steps® ACP Facilitator Certification

- Describe the goals of the Last Steps® ACP program, a POLST Paradigm program
- Identify interview skills for facilitating Last Steps® ACP conversations and demonstrate beginning competency in facilitating Last Steps® ACP conversations through role-play activities
- Identify skills to assist individuals in making informed end-of-life treatment decisions to include CPR, limitations on treatment, and comfort care
- Develop strategies to create a MOST form that accurately reflects an individual's treatment preferences and Identify systems to honor the POLST plan

Prerequisites

First Steps® ACP Facilitator Certification

- Complete the Respecting Choices® First Steps® ACP Facilitator Online Core Curriculum. Upon completion of registration, participants will receive a "key" to access the online curriculum. Contact hours for the online prerequisite are available through Respecting Choices®. Upon completion of the five individual modules, you will be able to download a certificate.
- Must complete your own Advance Directive documents (can be downloaded from www.VidantHealth.com/AdvanceCare)
- Have a conversation with someone you know regarding their health care preferences at the end of their life

Last Steps® ACP Facilitator Certification

- Complete the Respecting Choices® First Steps® ACP Facilitator Online Core Curriculum and classroom training.

Agenda First Steps®

7:30 a.m.	Registration
8:00 a.m.	Program begins
12:30 p.m.	Lunch on your own
4:30 p.m.	Adjourn

This program includes a review of the First Steps® Advance Care Planning skills for conversations with healthy adults and with those with a chronic illness, with the inclusion of their health care agents, role playing exercises to practice those skills, a discussion of the prerequisite personal engagement exercise, strategies utilized to communicate the plan, and discussion of what the facilitator needs to know to make advance care planning work. This session also includes a review of the Vidant advance care planning Toolkit as well as other NC options for advance care planning.

Agenda Last Steps®

7:45 a.m.	Registration
8:10 a.m.	Program begins
12:00 p.m.	Lunch on your own
4:30 p.m.	Adjourn

Last Steps® includes a review of the First Steps® Facilitation skills, introduction of the Last Steps® Skill sets, as well as the Polst Paradigm Program, role playing, shared decision making concepts, the value of making informed treatment options, and role playing to practice shared skill sets. The Medical Orders for Scope of Treatment (MOST) form is reviewed with emphasis on being able to provide assistance with facilitation of this discussion.

Faculty

Vicki T. Dougherty, BA

Advance Care Planning Outreach Coordinator
Vidant Health

Brittany Elks, BS

Community Liaison
Vidant Home Health and Hospice

Veleria Holloway, M.Div.

Chaplain
Vidant Inpatient Hospice

Mary Lou Infinito

Advance Care Planning Outreach Coordinator
Vidant Health

Ellie Ward, BSN, RN

Advance Care Planning Outreach Coordinator
Vidant Health

Credit

Credit for the classroom portion of Respecting Choices® First Steps® and Last Steps® Advance Care Planning Facilitator Certification is being provided by Eastern AHEC Department of Nursing and Allied Health.

Nurses

7.0 CNE Contact Hours Respecting Choices® First Steps® Advance Care Planning Facilitator Certification

7.0 CNE Contact Hours Respecting Choices® Last Steps® Advance Care Planning Facilitator Certification

Eastern AHEC Department of Nursing and Allied Health Education is an approved provider of continuing nursing education by the North Carolina Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Other Professionals

7.0 Eastern AHEC Contact Hours Respecting Choices® First Steps® Advance Care Planning Facilitator Certification

7.0 Eastern AHEC Contact Hours Respecting Choices® Last Steps® Advance Care Planning Facilitator Certification

Participants must attend the entire course in order to earn contact hour credit. No partial credit will be awarded. To complete the full Respecting Choices® instruction, participants must complete both courses. Verification of participation will be noted by check-in at the start of each day and an initial-out at the conclusion of each day. Certificates will be awarded after the participant completes the evaluation.

Americans with Disabilities Act



Individuals requesting accommodation under the Americans with Disabilities Act (ADA) should contact the Department of Disability Support Services at (252) 737- 1016 (V/TTY) at least five business days prior to the program.

By attending this event, I acknowledge that Eastern AHEC staff and/or their designees including news media may take general (not close-up) photos or videos of this event for marketing/publicity purposes, and I further allow my likeness to be used in this manner. If I do not wish to appear in these photos or videos, I understand that it is my responsibility to notify Eastern AHEC staff so my preference can be met.

Please bring a sweater or lightweight jacket to ensure your comfort

Registration Information

Pre-registration is required to assure space in First Steps® and Last Steps® series.

Registration fee for Vidant Health employees (one week or more in advance of First Steps) . . \$135

Registration fee for Non-Vidant Health employees (one week or more in advance of First Steps) . . \$185

Registration fee for Non-Vidant Health employees (less than one week in advance of First Steps). \$200

The registration fee includes required online curriculum, program materials and credit.

Please register for the first date in one of the cohorts. Upon completion of First Steps®, you will automatically be registered in Last Steps® of that cohort.

Participant contact information (email addresses) will be shared with the program facilitator for First Steps® and Last Steps® ACP Facilitator Certification to document course completion requirements with Respecting Choices®. Participants will be able to opt out when signing in for the program.

Cohort 1 - Greenville, NC

Click here to register	February 7, 2018 February 28, 2018	First Steps® ACP Facilitator Certification Last Steps® ACP Facilitator Certification
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Cohort 2 - Windsor, NC

Click here to register	May 2, 2018 May 30, 2018	First Steps® ACP Facilitator Certification Last Steps® ACP Facilitator Certification
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Cohort 3 - Rocky Mount, NC

Click here to register	June 1, 2018 June 22, 2018	First Steps® ACP Facilitator Certification Last Steps® ACP Facilitator Certification
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Cohort 4 - Kenansville, NC

Click here to register	September 5, 2018 September 26, 2018	First Steps® ACP Facilitator Certification Last Steps® ACP Facilitator Certification
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Cohort 5 - Greenville, NC

Click here to register	October 2, 2018 October 23, 2018	First Steps® ACP Facilitator Certification Last Steps® ACP Facilitator Certification
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For further information contact Eastern AHEC at 252-744-5220.

Cancellation Policy

Since this program requires the purchase of a “key” to access required online content, NO refund will be given for cancellations. However, rescheduling is allowed within one year of program date.