The End-of-Life Nursing Education Consortium (ELNEC)

Core Curriculum

Offered Throughout Eastern North Carolina

January 23-24, 2019
Eastern AHEC
2600 W. Arlington Blvd.
Greenville, NC

March 13-14, 2019
UNC Lenoir Health Care - Auditorium
100 Airport Road
Kinston, NC

September 16-17, 2019
Eastern AHEC
2600 W. Arlington Blvd.
Greenville, NC

November 7-8, 2019
211 Virginia Road
Edenton, NC

Jointly provided by Eastern AHEC Department of Nursing and Allied Health Education and Vidant Health
Description

The End-of-Life Nursing Education Consortium (ELNEC) project is a national education initiative to improve palliative care in the United States by providing consistent, advanced education on end-of-life care.

This two-day course focuses on the core areas of end-of-life care and includes palliative care; pain and symptom management; ethical, cultural and spiritual considerations; communication; and preparation for and care at the time of death. Case studies, video clips, personal experience sharing, experiential learning and role play are used to reinforce the concepts taught. Each participant will receive an email containing a link with materials and resources discussed during the course.

This course is based on the End-of-Life Nursing Education Consortium training model previously supported by a grant from the Robert Wood Johnson Foundation to the American Association of Colleges of Nursing and City of Hope National Medical Center.

Who Should Attend?

This course is appropriate for anyone whose role involves providing care for the person at the end-of-life, and/or support for their families.

- Registered Nurses
- Case Managers
- Social Workers
- Health Educators and Health Coaches
- Chaplains and other Religious Leaders
- Respiratory Therapists
- Death Doulas
- Other health care professionals who have an interest in palliative and end-of-life care, including bereavement coordinators and volunteer service coordinators.

Course Objectives

- Discuss the need to improve palliative care and role of the members of the interdisciplinary team in providing quality care.
- Review basic principles of pain assessment and management with a focus on pain at the end-of-life.
- Describe common symptoms associated with end-of-life processes for patients across the life span and interventions that can prevent or diminish symptoms at the end-of-life.
- Discuss the key ethical issues and dilemmas in end-of-life / palliative care and the resources to address these in practice.
- Identify dimensions of culture and the influence of culture and spirituality beliefs on palliative care for patients across the life span.
- Illustrate the importance of ongoing communication with the interdisciplinary team, patient and family throughout an end-of-life process.
- Describe the challenging aspects of loss, grief and bereavement of patients and families as well as the loss experiences of health care staff providing care.
- Review the care surrounding the death of a patient emphasizing assessment and interventions necessary to ensure quality care.
Agenda

Day 1
7:30  Check-In
8:00 a.m. - 5:00 p.m.  Program

Day 2
7:45 a.m.   Check-In
8:00 a.m. - 5:00 p.m.  Program

This 2-Day course will cover the following topics:

- Introduction to Palliative Care
- Pain Management
- Symptom Management
- Ethical Issues
- Cultural and Spiritual Issues in End of Life Care
- Communication
- Loss and Grief
- Final Hours
- Moral Distress and Self-Care

Faculty

Vicki T. Dougherty, BA
Advance Care Planning Outreach Coordinator
Vidant Health

Mary Lou Infinito
Advance Care Planning Outreach Coordinator
Vidant Health

Ellie Ward, BSN, RN
Advance Care Planning Outreach Coordinator
Vidant Health

Credit

Nurses
14.5 CNE contact hours
Eastern AHEC Department of Nursing and Allied Health Education is approved with distinction as an Approved Provider of continuing nursing education by the North Carolina Nurses Association, an accredited approver by the American Nurses Credentialing Centers Commission on Accreditation.

Respiratory Therapists
Application for credit has been made to the NC Respiratory Care Board.

Other Professionals
14.5 Eastern AHEC Contact Hours
All participants must attend the entire program in order to earn credit. Participants will be verified by check in at the start of the program and initial out at the program’s conclusion. Certificates will be awarded after the participant completes the evaluation.
Registration Information
Pre-registration is required to assure space in this program. The registration fee includes program materials, lunch one day, breaks and credit.

Non Vidant Health Employees ................................................................. $185
Full scholarship provided for Vidant Health Employees ................................. $0

Click here to register for the program. Seating is limited; early registration is recommended. For further information contact Eastern AHEC at 252-744-3087.

Cancellation Policy
- To be eligible for a refund, cancellations MUST be emailed to easternahec@ecu.edu at least one week in advance of the activity.
- No refunds will be given for cancellations less than one week prior to the activity.
- For continuing professional development activities canceled more than one week prior to the activity:
  - A $35.00 fee will be deducted from the refund, OR
  - The registrant may elect to apply the full amount toward a future Eastern AHEC continuing professional development activity being held with one year, OR
  - Substitutions are welcome; advance notification encouraged.

Handouts
Handouts will be available online. A link to the location where you can view or print the handouts will be sent with your confirmation email one week before the program. Please make sure that we have an email address where your confirmation and link to the handouts should be sent.

Americans with Disabilities Act
Individuals requesting accommodation under the Americans with Disabilities Act (ADA) should contact the Department of Disability Support Services at (252) 737-1016 (V/TTY) at least five business days prior to the program.

By attending this event, I acknowledge that Eastern AHEC staff and/or their designees including news media may take general (not close-up) photos or videos of this event for marketing/publicity purposes, and I further allow my likeness to be used in this manner. If I do not wish to appear in these photos or videos, I understand that it is my responsibility to notify Eastern AHEC staff so my preference can be met.

Past Participant Comments

It was exactly the right amount of intensity including sad stories, huge losses for patients with opportunities missed, and grieving families.

Appreciated the sensitivity of all of the presenters and the safe environment which was created.

The class was inclusive of every discipline that attended and included a multifaceted approach to the holistic care that is given through several stages of transition.