

Advance Care Planning

Free education sessions and clinics to complete your advance directives

2019 Bertie County schedule of events



Day	Date	Time	Description	Location
Thurs	1/17/2019	6:00pm-7:30pm	Your Wishes, Your Way- Advance Care Planning Overview and CLINIC	Bertie Ambulance Services
Thurs	2/21/2019	10:00am-11:30am	The Many Roles of EMS in ACP	Bertie County EMS
Thurs	4/18/2019	4:00pm-5:00pm	Your Wishes, Your Way- Advance Care Planning Overview and CLINIC	Windsor House
Wed	5/8/2019	3:00pm-5:00pm	“Extremis” documentary screening and discussion	Brian Center
Wed	5/29/2019	3:00pm-5:00pm	Self Care and Resiliency	Bertie County EMS
	6/2019		How to Have Difficult Conversations	Bertie County Rural Health
	8/2019		Your Wishes, Your Way- Advance Care Planning Overview and CLINIC	Three Rivers
TBD	9/2019	TBD	Your Wishes, Your Way- Advance Care Planning Overview and CLINIC	Bertie County Schools
	10/2019		Conversation Sabbath: T.U.L.E.	Faith Collaborative
Thurs	12/12/2019	9:00am-11:00am	How to Have Difficult Conversations	Bertie County EMS

*****If you have completed your advance directives, and would like to have them scanned in to your health record, please arrive 15 minutes before the end of the presentation.**

***Please note that additional events and programs may be scheduled throughout the year. Visit www.VidantHealth.com/AdvanceCare for added events.

No appointment is necessary.
You will need a valid photo ID for completion of your documents



VIDANT HEALTH™

Advance Care Planning

Dying Well: Your Wishes, Your Way

Talking to your loved ones about your personal values and what matters most to you at the end of life can be hard. Yet, having the conversation now, while you are well and not in a crisis, will help ensure that those you love will know and can honor your wishes.

By attending an educational overview, you will learn what you can do now to make sure that your loved ones are well prepared to know *your wishes* so they can make sure that you are being treated *your way*. Legal, health care and faith perspectives will be discussed to help you with planning.

During the clinic sessions, certified facilitators, NOTARY and witnesses will be available at no charge to assist you with completion of your Health Care Power of Attorney and Living Will documents.

More educational sessions & clinics

Hello Game - Begin meaningful conversations with your family and friends through this experiential game activity. In small group settings, learn more about what matters most to you!

Dying To Know - Join us for this opportunity to develop a new perspective on death and dying by talking about some of our current practices surrounding this topic, and finding new and innovative ways to engage in these often difficult discussions.

Book Reviews- There are numerous books available for your group to read and discuss that will generate wonderful discussions regarding both your wishes for care and how to have more open conversations with your family and loved ones. Let us help you lead the discussion at your next Book Club meeting.

Film Reviews- New films and documentaries are constantly becoming available that generate more open conversations regarding our ability, and responsibility, to honor patient choices, especially at the end of life. Let's watch the movie together, and then have a discussion surrounding the effects of the presentation.

Visit [VidantHealth.com/AdvanceCare](https://www.vidanthealth.com/AdvanceCare) for additional information

2019 Event Locations

Bertie County Council on Aging: 103 West School Street, Windsor, NC 27983

Bertie County EMS:

Bertie County Rural Health Association: 104 Rhodes Ave, Windsor, NC 27983

Brian Center Health & Rehab: 1306 South King Street, Windsor, NC 27983

Three Rivers Health & Rehab: 1403 Conner Drive, Windsor, NC 27983

Windsor House- Affinity Living: 336 South Rhodes Avenue, Windsor, NC 27983



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