



Awareness & Preparedness

COVID-19

Visitors Prohibited

We are **prohibiting visitors** at **all** Vidant Health hospitals and emergency departments. For current information regarding visitation, please call the location you wish to visit or review additional details at: vidanthealth.com/covid19

Exceptions - To accommodate special circumstances on a case-by-case basis the following areas will allow **ONE** healthy adult visitor after an on-site screening:

Maynard Children's Hospital

- » One guardian allowed at all times with the pediatric patient in the Neonatal ICU and Pediatric ICU; switching of the two designated guardians can occur with only one guardian allowed to be present at the bedside at any time.
- » Intermediate and general status pediatric patients continue with only one designated guardian present for duration of stay due to less critical status.
- » In the event of palliative or end-of-life care, both guardians allowed to be present at the bedside together upon approval of Maynard Children's leadership.

Pediatrics Unit/NICU

Maternity and Postpartum Unit (one healthy partner allowed)

Palliative Care Unit/End of Life Care

Clinics located inside a hospital

Discharge pick up

Emergency departments

- » Patients requiring assistance only
- » Pediatric patients (parent or caregiver only)
- » One visitor will be allowed in the Surgery Cancer Clinic for patient's receiving new diagnosis and surgical planning.

HOW CAN I PROTECT MYSELF?

To prevent the spread of viruses, health experts recommend:

- Practicing social distancing
- Washing hands frequently
- Not sharing cups or utensils
- Covering your mouth when you cough or sneeze

SHOULD I KEEP MEDICAL APPOINTMENTS?

If you have a scheduled appointment or procedure and your physician has not contacted you directly, please re-confirm with their office prior to your arrival.

WHAT IF I FEEL SICK?

If you feel sick (or think you have been exposed to the virus), call your primary care physician or local immediate or urgent care location and describe your symptoms and travel history. To limit both exposure and spread of the virus it's recommended that you stay home unless you have a high fever, trouble breathing, chest pain, change in smell or taste or have trouble keeping fluids down. Instead, seek virtual care or self-quarantine.

Vidant offers convenient virtual care which allows you to seek medical attention while practicing social distancing via the **VidantNow** app. **VidantNow** lets you speak directly with a doctor 24/7 on any device that has internet access or by phone **(1-888-575-2522)**. It costs \$20 or less when using **vidantrelief20** discount code. For more information please visit www.vidantnow.com.

WHAT OTHER RESOURCES ARE AVAILABLE?

Vidant established a COVID-19 community resource line **(252-847-8000)** available from 8 a.m. to 8 p.m., 7 days a week for general questions related to COVID-19 or visit vidanthealth.com/covid19.

Additional information is available at the North Carolina Poison Control and NC DHHS COVID-19 helpline **(866-462-3821)**, which is available 24/7 or online information is available at ncdhhs.gov and cdc.gov.

