

COVID-19

THE KEY FACTS



ABOUT THE VIRUS : It is a mild to severe respiratory illness.



Wuhan, China

First found in people in Wuhan, China, in late 2019

How it spreads:

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Droplets of fluid that a person coughs or sneezes into the air



Touching a surface with virus on it and then touching your mouth, nose or eyes

SYMPTOMS



None to mild



Fever



Cough / Change in smell or taste



Trouble breathing



Severe respiratory illness and in some cases, death

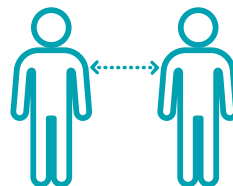
PREVENTION



Wash your hands often.



Avoid touching your eyes, nose or mouth.



Distance yourself from others, especially people who are sick.



Clean surfaces often.

WHO IS AT RISK?

If you've been to a place where people have been sick with COVID-19, you are at risk for infection.



Call your primary care physician if:

1. You've been in close contact with a person known to have COVID-19 and you have a fever, cough or difficulty breathing

2. You have these symptoms and you live in or have recently traveled from an area with ongoing spread of COVID-19

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Vidant COVID-19 Community Resource Line (8am - 8pm) 252-847-8000 | [VidantHealth.com/COVID19](https://www.VidantHealth.com/COVID19)

Information sourced from [cdc.gov/coronavirus/2019-ncov](https://www.cdc.gov/coronavirus/2019-ncov)