



Parent Patient Activation Measure

Below are some statements that people sometimes make when they talk about their child's health. Please indicate how much you agree or disagree with each statement as it applies to you and your child by circling your answer. Your answers should be what are true for you and not just what you think your doctor would want you to say. (If you have more than one child, answer these questions with only one child in mind.)

If the statement does not apply to you, circle N/A.

1. When all is said and done, I am the person who is responsible for taking care of my child's health.	Disagree Strongly	Disagree	Agree	Agree Strongly	N/A
2. Taking an active role in my child's health care is the most important thing that affects his/her health.	Disagree Strongly	Disagree	Agree	Agree Strongly	N/A
3. I am confident I can help prevent or reduce problems associated with my child's health.	Disagree Strongly	Disagree	Agree	Agree Strongly	N/A
4. I know what each of my child's immunizations are for.	Disagree Strongly	Disagree	Agree	Agree Strongly	N/A
5. I am confident that I can tell when I need to go get medical care and when I can handle my child's health problem myself.	Disagree Strongly	Disagree	Agree	Agree Strongly	N/A
6. I am confident I can tell a doctor concerns I have about my child's health, even when he or she does not ask.	Disagree Strongly	Disagree	Agree	Agree Strongly	N/A
7. I am confident that I can follow through on medical treatments I need to do for my child at home.	Disagree Strongly	Disagree	Agree	Agree Strongly	N/A
8. I understand my child's health problems and what causes them.	Disagree Strongly	Disagree	Agree	Agree Strongly	N/A
9. I know what treatments are available for my child's health.	Disagree Strongly	Disagree	Agree	Agree Strongly	N/A
10. I have been able to help my child maintain (keep up with) recommended changes like eating right or exercising.	Disagree Strongly	Disagree	Agree	Agree Strongly	N/A
11. I know how to prevent problems with my child's health.	Disagree Strongly	Disagree	Agree	Agree Strongly	N/A
12. I am confident I can figure out solutions when new situations arise with my child's health.	Disagree Strongly	Disagree	Agree	Agree Strongly	N/A
13. I am confident I can help my child maintain changes, like eating right and exercise, even during times of stress.	Disagree Strongly	Disagree	Agree	Agree Strongly	N/A