

Smoking Cessation

Freedom from Smoking Cessation: for more information, please call the Duplin County Health Department at (910) 296-2130.

Teen Tobacco Prevention Program: The Health Department's Tobacco Prevention and Cessation Program is funded through the North Carolina Health and Wellness Trust Fund Commission. Effective July 1st, 2009, the Health Department received continued grant funding for the tobacco prevention program. Through this funding we are able to offer a variety of services to the local school system and community. For more information, please call (910) 296-2130.

Quitline NC: Quitline NC is free, confidential, one-on-one support and in addition to new extended hours of 6am–3am, nicotine replacement therapy – patch, gum and lozenge – is now available for every person who enrolls. 1-800-QUIT-NOW | [Other Contact Information](#)

Nutrition/Weight Management

Academy of Nutrition and Dietetics: Under the Healthy Lifestyle section, you will find a number of educational fact sheets on nutrition as well as many healthy lifestyle tips! This site also provides a Healthy Lifestyle FAQ section to help answer those frequently asked questions.

Cooperative Extension Services: Offers assistance to improve eating habits or dealing with special concerns related to early childhood, parenting or aging. (910) 296-2143

Eat Smart, Move More North Carolina: Eat Smart, Move More NC is a statewide initiative that promotes healthy eating and physical activity where you live, learn, earn, play and pray.

Health Education section of the Duplin County Health Department: provides the clinic and community with resources and strategies for improving health such as a walking track and fitness equipment available to the public for free. Duplin County Health Department – (910) 296-2130

Healthy Carolinians: Contact Rhonda Ferrell (910) 296-2130 for weight control and exercise options.

Pope Wellness Center at Mt. Olive College (919) 635-3773: call Duplin Co. Health Dept. to enroll in free, Fitness by Design, personal fitness and recreation program, nutritional program with free food vouchers available to low/middle income.

WIC (Women, Infants, and Children): a nutrition education and food supplement program for children birth–5, or women who are pregnant or breastfeeding. All clients must meet medical and financial eligibility requirements. Duplin County Health Department – (910) 296-2130

Meal Support

Meals on Wheels—Duplin County Council on Aging: For more information, please call (910) 267-9801.

Word of Faith Food Pantry (910) 296-1728 PO Box 486 Kenansville, NC 28349

Family Services

Adult Health Screening Services: provided for male and female adults 18 years of age and older. The purpose of this service is to screen for chronic diseases, including high blood pressure, elevated cholesterol, diabetes, cancer and other chronic diseases as indicated. Cancer screening includes breast exams, pap with pelvic exam for women and rectal/prostate/testicular exam for men. Duplin County Health Department – (910) 296-2130

Blood Lead in Children-State Lab: 919-807-8617

Care Coordination Services (910) 285-0317: offers assistance and support to high-risk families. This is done by identifying their strengths and needs and coordinating services in order to enhance their health status, strengthen their support systems, promote self-sufficiency and encourage the development of effective parenting skills. The programs include:

- Maternity Care Coordination
- Newborn
- Postpartum
- Home Visiting
- Child Service Coordination
- Maternal Outreach Worker
- Adolescent Parenting Program

Care Coordination for Children (CC4C): 910-296-2130 Maria-Ext 259

CCNC: Rosemary Long (Regional Consultant) 910-738-7399; Debbie Morrie (Project Coordinator) 252-222-7784

CDSA Duplin County: 910-251-5817

Comprehensive Rehab: 910-285-1799

Diabetes Education Course: Duplin County Health Department offers the only American Dietetic Association (ADA) approved Diabetes Education course in the county. The Diabetic Self-Management Program is designed for patients who need formal diabetic training. This program assists patients with monitoring and gaining control of their blood sugar levels. In addition, the program helps educate patients

on the importance of meal planning and offers medication education and assistance. The Diabetes Education Team also spends time teaching patients how to properly deal with stress, the necessity of exercising, and the importance of specialized sick care in relation to their diabetes. (910) 296-2130.

Duplin County Partnership for Children: child development and child care resources. (910) 296-2000 | 149 Limestone Rd. Kenansville, NC

Duplin Co. Dept of Social Services: Call for food stamps, transportation services, insurance options, emergency assistance. (910) 296-2200 | 423 N. Main St. Kenansville, NC

Duplin General Hospital: offers educational forums and special events on health topics such as nutrition, physical exercise, and diabetes education. For more information, please call (910) 296-0941.

Eastpointe Area Mental Health for Duplin County: 910-296-1851

Edwards & Assoc Physical Therapy: 910-298-6455

Family Planning & Women's Health Services: The purpose of Women's Preventive Health Services is to help women and their partners protect themselves from unwanted pregnancies, and identify conditions that may affect reproductive health, such as sexually transmitted diseases and breast/cervical cancer. Planning for a pregnancy ensures that the parent(s) is best prepared mentally, physically, and emotionally to care for a child. For more information, please call (910) 296-2130.

Free Vaccine for Children Program: 1-800-344-0569

Graybar Chiropractic: 910-285-7222

Goshen Medical Center: A community health center with 5 offices in Duplin County that offers discounted health care services to uninsured including medical care, maternity care coordination, maternity outreach, nutritionist, dental, pharmacy assistance and pharmacy discounts.

Locations:

- Kenansville (910) 296-1114
- Wallace (910) 285-2111
- Warsaw (910) 293-7246
- Faison (910) 267-421
- Beulaville (910) 298-3125

Health Check Coordinator: Judy King (KCHC): 252-939-1799.

HIV/AIDS Program: offers HIV testing to the community, educational outreach to any group, services and support to those living with HIV/AIDS. Duplin County Health Department – (910) 285-0317

Kenansville Health & Rehab: 910-296-1561

Medicaid Provider Services (DMA): 919-855-4050

Pigford Physical Therapy: 910-296-0788 (Kenansville)

Pigford Physical Therapy & Speech Services: 910-285-7388 (Wallace)

Sarah's Refuge: shelter for women and children 910-293-3206

Tar Heel Human Services: Individual and family services provided to address mental health needs 910-298-6207.

Vidant Employee Wellness: one of the three departments within Vidant Corporate Health. Additional departments include Vidant Occupational Health Clinic and Vidant Employee Assistance Program. Together, they administer various programs and services for employees of Vidant Health such as wellscreens, Eat Smart, Move More, Weigh Less and Weight Watchers at work, tobacco cessation, pregnancy wellness, wellness challenges, leave management (FMLA, LOA), health coaching and chronic condition management. For more information, please contact Rose Ann Simmons at (252) 847-6282 or Wendy Mullen at (252) 847-5590.

Hospice/Respite Care

Carolina East Home Care and Hospice: offers bereavement counseling and palliative care among their services. (910) 296-0819 | 401 N. Main St. Kenansville, NC

Duplin Co. Services for the Aged: Offers Adult Day Care, Advocacy, Alzheimer's disease/dementia, HH/In home aid, legal, meals/nutrition, prescription assistance, respite, senior center, support groups, transportation, home delivered meals and congregate meals. (910) 296-2140 | 213 Seminary St. Kenansville, NC

Falls Prevention

VR/Independent Living for Duplin County: provides home remodeling assistance (i.e. wheelchair ramps and other safety devices) to allow others to continue to live in their home safely. (910) 251-5810

Dental

Dental Varnishing Program: Kelly Cross 919-833-2466

Faison Dental Service (910) 267-0951

Hunter Joh, DDS (pediatric dentist) (910) 275-1880

Mobile Dental Clinic: The Mobile Dental Clinic offers comprehensive dental services to children through 18 years of age. Services for adults include: Exams, X-Rays, Fillings, Extractions, Root Canals. The dental unit is open Monday through Thursday 8am - 6pm and rotates to the elementary schools in the county. The dental

unit accepts Medicaid, Health Choice and Dental Insurance. Payments for services are based on a sliding fee scale with proof of income. For more information, please call (910) 289-1110.

Transportation

Duplin County Transportation: Provide public transportation for all ages. Services are available from 6am–7pm, Monday–Friday. Small fee per passenger. For more information, please call (910) 296-2333.

Additional Services

[American Cancer Society](#): Provides tips to help in finding a physician and facility that will meet your specific needs, current treatment options for a wide variety of cancers as well as links to clinical trial sites.

[American Diabetes Association](#): Offers good basic information that everyone with diabetes will want to read. Separate sections are provided for both type I and type II diabetes. Learn about events happening in your local area or take a virtual grocery tour.

[American Foundation for AIDS Research](#): AmFAR is the leading non-profit organization for the support of AIDS research. Their mission is to prevent HIV infection and the disease and death associated with it and to protect the human rights of all people threatened by the epidemic of HIV/AIDS.

[American Heart Association](#): Extensive information on all topics related to heart disease including stroke, heart attack, high blood pressure. You'll also find information on classes as well as educational programs for kids.

[American Lung Association](#): Founded in 1904 to fight tuberculosis, ALA today fights lung disease in all its forms, with special emphasis on asthma, tobacco control and environmental health.

[American Public Health Association](#): The American Public Health Association (APHA) is the oldest and largest organization of public health professionals in the world, representing more than 50,000 members from over 50 occupations of public health.

[American Red Cross](#): The American Red Cross, a humanitarian organization led by volunteers, will provide relief to victims of disasters and help people prevent, prepare for, and respond to emergencies.

[Carolina Pregnancy Center](#): a pregnancy care center committed to providing women and men with up-to-date information in order to make informed decisions about pregnancy, sexual health, and relationships. For more information, please call 252-757-0003.

[Centers for Disease Control and Prevention](#): The lead federal agency for protecting the health and safety of people – at home and abroad – providing credible information to enhance health decisions, and promoting health through strong partnerships.

[Center for Family Violence Prevention](#): The Center for Family Violence Prevention is a non-profit organization based out of Greenville, North Carolina dedicated to breaking the cycle of domestic violence.

[Community Care Plan of Eastern Carolina](#): A partnership involving hospitals, physicians, health departments, social agencies, and the Brody School of Medicine that provides case management and coordination of care to Medicaid enrollees in the region. For more information, call (252) 847-6809.

[Disability Advocates & Resource Center](#) (252) 355-6215: Disability Advocates and Resource Center (DARC) is a non-profit organization, which empowers people with disabilities to achieve their desired level of independence. It is a community-based, consumer-controlled agency that provides independent living skills to persons with disabilities and their family members.

[Eastern Carolina Injury Prevention Program](#): The Eastern Carolina Injury Prevention Program (ECIPP) program strives to improve the health of area citizens by reducing the incidence and impact of injuries. The ECIPP vision is that citizens of eastern North Carolina will be safe and injury free on roadways, at work and school, at home and play and safe from violence at all times. In addition, we envision the continuous enhancement of systems, which promote the proper care of those who are injured.

[Eastern NC Stroke Network \(ENCSN\)](#): The Eastern NC Stroke Network has a mission to improve the prevention, treatment, and quality of stroke care in Eastern NC through a coordinated regional system.

[Easter Seals](#): Easter Seals provides exceptional services, education, outreach, and advocacy so that people living with autism and other disabilities can live, learn, work and play in our communities. (252) 756-6533

[HealthFinder](#): Healthfinder is a free guide to reliable consumer health and human services information, developed by the U.S. Department of Health and Human Services.

[Healthy Carolinians](#): Healthy Carolinians is the main organization promoting and implementing Healthy People 2010, the nation's health objectives for the Year 2010. The objectives include (1) Increase Quality and Years of Healthy Life and (2) Eliminate Health Disparities.

[International Travel Clinic](#): for Immunization information, please call this ECU clinic at (252) 744-4500.

[International Travel Information](#): Health information on specific destinations; what to know before you go; outbreaks of concern to international travelers; specific diseases that can affect travelers and CDC's vaccination recommendations for travelers of all ages.

[National Alliance for Hispanic Health](#): The National Alliance for Hispanic Health is the oldest and largest network of health and human service providers servicing over 10 million Hispanic consumers throughout the U.S.

National Cancer Institute: Federal Government’s principal agency for cancer research and training.

National Institutes of Health: Begun as a one-room Laboratory of Hygiene in 1887, the National Institutes of Health today is one of the world’s foremost medical research centers, and the Federal focal point for medical research in the U.S.

NC Breast and Cervical Cancer Control Program: The North Carolina Breast and Cervical Cancer Control Program (NC BCCCP) provides free or low-cost breast and cervical cancer screenings and follow-up to eligible women in North Carolina.

NC Department of Environment and Natural Resources: This website provides an overall guide for environmental health topics. A similar resource is the Division of Public Health’s [Environmental Health Section](#).

NC Health Info: Medline Plus goes local. NC Health Info is a web database of local health resources that address the health concerns of North Carolinians.

NC Tobacco Prevention and Control Branch: The Tobacco Prevention and Control Branch works to improve the health of North Carolina residents by promoting smoke-free environments and tobacco-free lifestyles.

North Carolina Child Advocacy Institute: The North Carolina Child Advocacy Institute (NCCAI) is an independent, non-profit, non-partisan, multi-issue organization that influences public policy in favor of all children and youth below the age of eighteen residing in North Carolina.

North Carolina Department of Health and Human Services: Responsible for ensuring the health, safety and well being of all North Carolinians, providing the human service needs for fragile populations, and helping poor North Carolinians achieve economic independence.

North Carolina Prevention Partners: Putting prevention first for a healthier North Carolina by fostering partnerships, promoting prevention and influencing policy.

North Carolina Safe Kids: an organization whose mission is to prevent accidental childhood injury, the leading killer of children age 14 and younger. There are 36 Safe Kids coalitions covering 58 counties in North Carolina.

Ronald McDonald House Charities: the Ronald McDonald House program provides a “home-away- from home” for families so they can stay close by their hospitalized child at little or no cost. For more information, please call (252) 830-0062.

Start With Your Heart: Public Awareness Campaign of the North Carolina Heart Disease and Stroke Prevention Task Force focusing on the state’s most at-risk counties. For Northeastern Regional

information, please call (252) 902-2451.

[Sexually Transmitted Disease Surveillance](#): This site lists statistics for North Carolina as well as individual counties.

[State Center for Health Statistics](#): Provides access to high quality health data and statistical publications being used to make decisions and set policies that influence the health of our citizens and their communities.

[Suicide Prevention Resource Center](#): The Suicide Prevention Resource Center (SPRC) provides prevention support, training, and resources to assist organizations and individuals to develop suicide prevention programs, interventions and policies, and to advance the National Strategy for Suicide Prevention.

[United States Department of Agriculture](#): USDA leads the Federal anti-hunger effort with the Food Stamp, School Lunch, School Breakfast, and the WIC Programs.

[US Department of Health and Human Services](#): The United States government's principal agency for protecting the health of all Americans and providing essential human services.

US Environmental Protection Agency – [Secondhand Smoke](#): The [EPA](#) has created a new national Smoke-Free Home Pledge Initiative to motivate parents to protect their children.

Vidant Wound Healing Center: this center has a highly skilled team of doctors, nurses and technicians dedicated to healing chronic wounds. Vidant Wound Healing Center offers a multi-disciplinary group of physicians who have received additional wound care training, and has certified wound specialists on staff. Most treatments are covered by Medicare/Medicaid, HMOs or other private insurance plans.

Two locations:

Greenville: 252-847-HEAL (4325)

Office hours: Monday-Friday, 7:30 am – 4:30 pm.

Ahoskie: 252-209-3690

Office hours: Monday-Friday, 8:00am-4:30pm.

[World Health Organization](#): Important information regarding leading health issues all over the world.

[Work First](#): North Carolina's Temporary Assistance for Needy Families (TANF): This program, called Work First, is based on the premise that parents have a responsibility to support themselves and their children. Through Work First, parents can get short-term training and other services to help them become employed and self-sufficient, but the responsibility is theirs; and most families have two years to move off Work First Family Assistance.

Additional Organizations

American Association of Poison Control Centers 1-800-222-1222

Carolinas Poison Center 1-800-222-1222

Children's Home Society of North Carolina 1-800-632-1400

East Carolina Behavioral Health 1-877-685-2415

Emergency Contraception 1-800-584-9911

Healthy Start Foundation 1-800-FOR-BABY (367-2229) National

Domestic Violence Hotline 1-800-799-SAFE (7233) National Sexual

Assault Hotline 1-800-656-HOPE

National Alliance on Mental Illness 1-800-950-6264

National Drug Abuse Hotline 1-800-662-HELP (4357)

National Gay Task Force (202) 393-5177

National Mental Health Association 1-800-969-6642

National Suicide Prevention Lifeline 1-800-784-2433

Planned Parenthood 1-800-230-7526

Rape Crisis Center 1-800-656-4673

Real Crisis Center (252) 758-HELP (4357)