



TIPS FOR KEEPING YOUR MASKS CLEAN & PROPER STORAGE

CARING FOR HOMEMADE MASKS

Should cloth face coverings/homemade masks be washed or cleaned regularly? How regularly? |

Yes. Wash your mask daily after use.

How do I safely clean a cloth face covering? | Wash the cloth face covering in your washing machine with laundry detergent, with the warmest water allowable for the material.

How do I safely remove a used cloth face covering? | Be careful not to touch your eyes, nose and mouth when removing your face covering. It is important to wash your hands immediately after removing.

<https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/diy-cloth-face-coverings.html>

CARING FOR SURGICAL MASKS

How do I put my mask on? | Bring the mask toward your face. Pull the loops behind your ears. Expand the mask to ensure it covers your nose and mouth. Adjust nose piece for a secure fit. Once on, avoid touching the mask and only use the ear loops to take on and off.

How do I take my mask off? | When removing the mask, wash your hands first (see next page to learn about proper hand washing). Remove mask by the loops and pull mask straight away from face. Wash your hands immediately after removing mask.

Where should I place my mask if I need to take it off for a short period of time (example: eating a meal)? | Place your mask in a folded paper towel or brown paper bag (with handles) in a safe location where it won't be touched by others. When removing the mask, only touch the ear loops.

Is it okay to place my mask in my purse, bag or pocket? | No, please do not place your mask in your purse, bag or pocket. Store your mask in a folded paper towel or paper bag to help avoid crosscontamination.

If I need to leave my home during self isolation, can I wear my mask outside of my home? | We strongly encourage you to not leave your home during self-isolation. If you need to leave, you should wear your mask the entire time. Remember, be careful not to touch the outside of your mask, if you do, perform proper hand washing.

Should I wear the same mask until I arrive for my procedure or surgery? | Yes, it is safe for you to use the same mask while you are in self-isolation. You should wear your mask when entering the facility where you are having your procedure or surgery.

CARING FOR PLASTIC EAR GUARDS

How do I safely remove my mask when wearing plastic ear guards? | It is important to follow proper hand hygiene and doffing practices as you would for any face mask. First, perform hand hygiene. Then tilt your head forward and pull the ear guards away from your head to allow the face mask to drop away from your face.

How do I clean the plastic ear guards? | Clean your plastic ear guards with disinfectant wipes and allow them to dry before storing in a folded paper towel or in a brown paper bag with your name written on it.

