COVID-19:
Staying Safe in Schools

The ability to keep children healthy, happy and learning in the school setting is critical to enhancing their education. Navigating COVID-19 during the school year can be stressful for both parents and children. The tips below can help ensure a safe, productive school year.

Help Stop the Spread by:
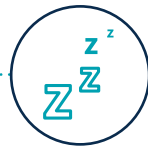
Arranging outside playdates	Masking when indoors	Practicing hand hygiene	Staying home when sick	Ensuring healthy meals	Ensuring adequate sleep

If your child is 12 years of age or older, talk with your pediatrician for details regarding the COVID-19 vaccine as a way to help reduce risk factors in this age group. For children younger than 12 years old, prevention measures such as those listed above are the best steps to help keep them safe and healthy.

Attention Parents: Skip the Trip

For minor illness, like a cold, sinus infection, pink eye, allergies or ear problems – VidantNow Virtual Care is FREE for a limited time. VidantNow lets you speak directly with a doctor 24/7 on any device that has internet access.

- Download the **VidantNow app** from the Apple App Store or Google Play
- Visit **VidantNow.com**
- Call toll-free: 888-575-2522

Additional Resources

For the latest information on Vidant's response to COVID-19, testing locations and to schedule a vaccination appointment:
VidantHealth.com/Vaccinate

COVID-19 Testing

Your child may require COVID-19 testing at some point during the school year as testing helps keep schools open and safe, ensuring students are where they need to be – in the classroom.

COVID-19 testing is available through local pediatrician offices, often for same day appointments. Vidant Health also offers a dedicated, pediatric-friendly COVID-19 drive-up testing site at the corner of Stantonsburg Road and Wellness Drive in Greenville.

Hours of Operation:

Monday through Friday – 9 a.m. to 6 p.m.
Sunday – 1 p.m. – 5 p.m.

Maynard **Children's** Hospital
AT VIDANT MEDICAL CENTER